



STUDENT HEALTH REQUIREMENTS

A. Vaccine Information (current as of May 2023)

As a State of New Hampshire educational institution, we are required to maintain up-to-date student health records and comply with New Hampshire State law. Each newly enrolled student must provide a copy of a recent physical examination for his/her health file in the Health Office. Immunization records must be up-to-date and provided to the Health Office.

The State of New Hampshire *REQUIRES* the immunizations listed below for students *before* entering school. Reference these under the *Handbook and Policies* link on our school website.

<https://www.dhhs.nh.gov/sites/g/files/ehbemt476/files/documents2/imm-req-schools23-24.pdf>

All students entering PK (ages 3-5) will have:

- 1) **MMR-measles-mumps-rubella:** 1 dose. The first dose just be administered on or after the 1st birthday.
- 2) **DTaP/DtaP/DT/Td:** 4 doses. The 3rd and 4th dose must be separated by at least 6 months.
- 3) **OPV or IPV- Polio:** 3 doses. Any OPV dose(s) given on or after April 1, 2016 does not count toward the polio vaccine requirement and the series must be completed with IPV.
- 4) **HIB-Haemophilus Influenzae Type B(Hib):** 1 dose on or after 15 months of age OR 4 doses with the last dose administered on or after 12 months of age. Not required for children \geq 5 years of age.
- 5) **Hepatitis B:** 3 doses given at acceptable intervals. Refer to [schedule](#)
- 6) **Varicella- Chicken Pox:** 1 dose. This dose must be administered on or after age 12 months. OR laboratory confirmation of chicken pox disease.

All students entering Kindergarten through Grade 12 will have:

- 1) **MMR-measles-mumps-rubella:** 2 doses. The first dose must be administered on or after the 1st birthday.
- 2) **DTP/DTaP/DT/Td/Tdap.**
 - a. **6 years and under:** 4 or 5 doses, with the last dose given on or after the 4th birthday.
 - b. **7 years and older:** 3, 4, or 5 doses with the last dose given on or after the 4th birthday. A dose of Tdap will be considered as one of these requirements.
 - c. **Grades 7-12: 1 dose of Tdap is required for entry into 7th grade. A Tdap vaccine given on or after the 7th birthday meets the school requirement for Grade 7.**
- 3) **OPV or IPV- Polio:**
 - a. **Grades K-11: 3 or 4 doses** with the last dose given on or after the 4th birthday and the last 2 doses separated by 6 months or more.
 - b. **Grades 12:** 3 doses, with the last dose given on or after the 4th birthday OR 4 doses regardless of age at administration.

- 4) **Hepatitis B** - 3 doses at acceptable intervals. Refer to [schedule](#).
- 5) **Varicella- Chicken Pox:**
 - a. **Grades K-12:** 2 doses with the first dose administered on or after the 1st birthday OR laboratory confirmation of immunity

B. Documentation of immunity by laboratory test or Religious Exemption

- Documentation of immunity by laboratory test in lieu of vaccination will be accepted as an alternative for Measles, Mumps, Rubella, Varicella, and Hepatitis B.
- Religious exemptions may be granted for vaccines. This form may be obtained from the CCA Health Office or on-line at the link below. It will be kept with the student's health records. FORM:
<https://www.dhhs.nh.gov/sites/g/files/ehbemt476/files/inline-documents/sonh/ir-form-1-he-p-301.13-307.07-exemption-certification.pdf>

C. New Student History and Physical

- A recent History and Physical, H&P, from a healthcare provider (licensed physician, physician assistant, or advanced practice registered nurse) is required at enrollment. A *School/Camp Form* may be substituted. Call your healthcare provider's office and ask for this information to be mailed or faxed to CCA (603-226-9696), Attention: *CCA Health Office*. By Law, we must have current physical status information on file at CCA prior to the first day of school.
- **Additional Health & Physicals thereafter will be requested every two years or with any change in a student's health status.** An updated copy is always appreciated whenever your student has their annual physical. *Athletes are required to provide an updated History and Physical every year.

D. CCA Student Health Form

- A copy of the CCA Student Health Form is required for every student on/before the first day of school. This e-form can be found on the FACTS Parent Portal under Web Forms then Student Health Form

E. High School Sports Participation

1. History & Physical or Camp/School Forms

- The *New Hampshire Interscholastic Athletic Association (NHIAA)* requires that all students participating in JV and Varsity sports provide evidence that they are cleared by their doctor to participate in sports activities every 13 months. Most offices provide a *Camp/School Form* that compiles a student's health status and indicates approval to participate.
- Call your provider's office and ask for this information to be mailed or faxed to CCA (603-226-9696), Attention: *CCA Health Office*. By Law, we must have current physical status information on file at CCA prior to participating on a team.

2. **CCA Student Health Form** is to be filled out by parents/guardians and must be submitted at the beginning of each school year. **Please note, if the tryouts/sport season starts prior to the first day of school, this form will be required prior to athletic participation.**

*NOTE: Cases will arise where a healthcare provider requires an updated physical to clear your student to participate, so please address this ahead so that timing issues will not affect their ability to participate.

F. Middle School Sports Participation

1. History & Physical or Camp/School Forms

- All students participating in a Middle School sports team are required to provide evidence that they are cleared by their doctor to participate in sports activities every 13 months. Again, most offices provide a *Camp/School Form* that compiles a student's health status and indicates approval to participate.
- Call your provider's office and ask for this information to be mailed or faxed to CCA (603-226-9696), Attention: CCA *Health Office*. We must have current physical status information on file at CCA prior to participating on a team.

2. **CCA Student Health Form** is a required form to be submitted at the beginning of each school year for all students. **Please note, if the tryouts/sport season starts prior to the first day of school, this form will be required prior to athletic participation.**

*NOTE: Cases will arise where a healthcare provider requires an updated physical to clear your student to participate, so please address this ahead so that timing issues will not affect their ability to participate.

G. Concussions and Head Injuries

- Baseline concussion testing is required for all athletes **prior to** tryouts/participating in Middle School and High School sports. Concussion testing will be available at CCA this school year. Please reach out to the school nurse Michelle Alosa, RN at malosa@concordchristian.org to find out more information and to set up an appointment.

H. Chronic Health Issues

- 1) If your student has a chronic health condition that may require supportive care or may require emergency care during the school day, please contact your student's classroom teacher and school nurse by letter, e-mail, or phone. You will need to set up an appointment to discuss your child's health condition and individual health care plan.
 - This includes conditions such as asthma, allergies/anaphylaxis, diabetes, seizures, migraine headaches, ADHD, etc.
- 2) Confidentiality is very important and is taken very seriously. However, release of pertinent medical information to certain school staff is necessary for a student's well being at times. This can be vital for students with a chronic health condition and will be discussed at your appointment.
- 3) If your student has asthma, severe allergies, or will need to take a prescription medication during the school day, please make sure to list them on the CCA Student Health form and submit it to the Health Office prior to the first day of school. This will allow time to schedule a meeting and drop off required medications.

***Please note, medications are not allowed to be sent into school with the student in their backpacks. A parent or guardian must deliver the medication to the Health Office. An exception is made for life saving medications such as Albuterol Inhalers and EpiPens.**

If you have any questions, please email Michelle Alosa, RN, School Nurse, at malosa@concordchristian.org.